



Spixworth Infant School

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Headteacher : Ms H Jordan

Friday 13<sup>th</sup> March 2020

## Coronavirus (COVID-19)

Dear Parents and Carers

In light of recent announcements around Coronavirus (COVID-19), I thought I would update you on our current position.

The Prime Minister has made it very clear that at the moment there is no prospect of mass schools closure. Norfolk County Council is currently drawing up detailed guidance for us on what to do in the event that schools did have to close, but at the moment this is not the case.

The government have advised everyone to self-isolate if they have any symptoms of COVID-19. The information from the NHS is as follows:

Stay at home for 7 days if you have either:

- a high temperature
- a new, continuous cough

Do not go to a GP surgery, pharmacy or hospital.

You do not need to contact 111 to tell them you're staying at home.

### Use the NHS 111 online coronavirus service if:

- you feel you cannot cope with your symptoms at home
- your condition gets worse
- your symptoms do not get better after 7 days

Having other cold or flu-like symptoms, for example having a runny nose, sore throat or sneezing, does not require self-isolation. This advice applies equally to children, parents and staff, therefore **nobody** should be coming to school if they have COVID-19 symptoms.

The other main advice is to continue with good hygiene practices, particularly handwashing and not touching your face. These are things we are talking to the children about.

At the moment, all school events are going ahead as planned. We will of course keep you updated of any changes.

Kind regards

Ms H Jordan  
Headteacher

