

eats.

Week 2

Week Two commencing:

24th April, 13th May, 27th May, 10th June,
24th June, 8th July, 27th July,
4th September, 23rd September, 7th October

Monday

Option 1
Roast loin of Pork & Gravy
Option 2
Cheese & Potato Pie

Roast potatoes
Peas & Sweetcorn

Oat Cookie & Fresh Fruit Wedge

Daily Vegetarian Choice
Cheese & potato Pie

Tuesday

Option 1
Chicken & Gravy Pie
Option 2
Cheese & tomato quiche

Broccoli & Carrots

Lemon Drizzle sponge

Daily Vegetarian Choice
Cheese & tomato quiche

Thursday

Option 1
Roast Beef, Yorkshire Pudding & Gravy
Option 2
Salmon & Sweet Potato Fishcake

Roast Potatoes
Broccoli & Carrots

Fruity Thursday – A choice of Fruit Jelly,
Fruit Yoghurt or Fresh fruit

Daily Vegetarian Choice
Vegetarian Sausage toad in the hole

Friday

Option 1
Baked Fish Fingers
Option 2
Cheese & Tomato Pizza

Crispy Chips
Baked Beans & Garden Peas

Fruit Swirl Muffin

Daily Vegetarian Choice
Cheese & Tomato Pizza

Wednesday

Option 1
Local Pork Sausages
Option 2
Southern Style Quorn Burger in a Bun

Baked Potatoes wedges Sweetcorn & Green
Beans

Chocolate Crunch & Chocolate Sauce

Daily Vegetarian Choice
Southern Style Quorn Burger in a Bun

Available every day –

Homemade fresh (wholegrain) bread, a selection of at least three different kinds of fresh salad, extra fruit, cheese & biscuits, flavoured yogurt, apple & strawberry or real orange jelly. Some dishes may vary due to individual school preferences, policies and cultural consideration - a number of sites also offer additional options of a jacket potato with choice of fillings & or packed lunch – see school's website for details

For information on allergens & intolerances visit www.eats-catering.co.uk